Community Group Discussion Guide

Technology and Parenting

**Watch the Technology and Parenting teaching video.**

**After viewing the video, discuss the following questions with your Community Group:**

1. What are benefits of the advancement of technology? How can these advances impact our children? What are limitations of technological advancements? How can these limitations impact our children?
2. Interact with this statement: “We are either being formed (or conformed) to the world or are being formed (transformed) by God.” What does this mean? How does this apply to our personal use of technology? How does this apply to parenting our children with technology?
3. What are your goals for your family? Is technology helping to achieve these goals, or hindering your pursuit of these goals?
4. Describe your children’s use of technology. What devices do your children use and what for? What are rules you’ve created surrounding technology?
	1. What have influenced your parenting decisions related to technology?
5. How can you capitalize on time in the car and mealtimes for parenting your children? What are the benefits of eliminating technology from these two areas?
	1. What are potential conversation starters for both areas, to foster a relationship with your children and cultivate their maturity in faith?
6. Reflect on your current use of technology. What device do you currently use? What do you use them for? How often do you use them? Consider the following:
	1. Does your technology serve you, or is it your master?
	2. Do your children view your device as an appendage?
	3. How often do your children see you with your phone, laptop, or TV?
7. What are some habits you should develop to teach your children healthy boundaries with technology?
8. Brainstorm ways to leverage technology to foster your children’s creativity.

Resources

*The Tech-Wise Family: Everyday Steps for Putting Technology in its Proper Place* – Andy Crouch

*Shepherding a Child’s Heart ­–* Tedd Tripp

*God, Technology, and the Christian Life* – Tony Reinke

[“Twelve tips for parenting in the digital age”](https://www.desiringgod.org/articles/twelve-tips-for-parenting-in-the-digital-age) - Tony Reinke