Community Group Discussion Guide

Deconstruction

**Watch the Deconstruction teaching video on** [**thechapel.com/chapelplus**](https://thechapel.com/chapel-plus/)**. Use the Video teaching notes or interactive notes to guide your viewing.**

**After viewing the video, discuss the following questions with your Community Group:**

1. Have you ever doubted something you once or currently believed? How did you handle that doubt? (i.e.: did you do research? Talk to someone? Etc.)
2. What is the difference between doubt and unbelief?
3. Read John 20:24-29 and 1 Corinthians 1:22-25. What do these passages teach us about the source and nature of faith?
4. If you were raised in the church, what role does your upbringing play in your faith and current beliefs? What questions have gone unanswered?
5. Part of deconstructing one’s faith is asking hard questions. Jesus tells his followers that they must love God with all of their minds (Matthew 22:37). Do you believe this command is valued by believers in your life? Do you value this command? How can we live obediently to this command?
6. The primary issue underlying all doubts and questions is what we believe about Jesus. What is your answer to Jesus’ questions in Matthew 16:15: “Who do you say that I am?”
7. Is it ok to deconstruct your faith? How can we help someone deconstruct and reconstruct their faith well?
8. Have you had an experience walking with someone through their deconstruction of faith? Share your experience with your Community Group. Spend time in prayer for those in your life – including those in your Community Group – that may be currently deconstructing their faith.

Resources

* [Deconstructing and Reconstructing the Atonement with Mako Nagasawa](https://gravityleadership.com/podcast/deconstructing-the-atonement-with-mako-nagasawa/)
* [A.J. Swoboda: Deconstructing Without Losing your Faith](https://gravityleadership.com/podcast/a-j-swoboda-deconstructing-without-losing-your-faith/)
* *When Everything’s on Fire: Faith Forged from the Ashes –* Brian Zahnd
* *After Doubt: How to Question Your Faith Without Losing It –* A.J. Swoboda
* *Searching for Sunday: Loving, Leaving, and Finding the Church* – Rachel Held Evans
* [The What and Why of Deconstruction](https://www.crosspointwi.com/blog/the-what-why-of-deconstruction-part-1) – Mac McCarthy
* [How to Accompany People Through Deconstruction](https://www.crosspointwi.com/blog/how-to-accompany-people-through-deconstruction-part-two) – Mac McCarthy