**Fighting Temptation Handout**

**Fight Temptation By:**

* **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** your life with the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** of God when you

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_off course.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself in the right \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**wrong ones.

* Developing \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ building, **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**sharing

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ relationships.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a plan

for escape.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ who or what is sitting on the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**of your

heart, and replacing what you find with **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

* By using past **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** to propel you **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.

**Action Steps** –

* Develop and implement a plan to spend time in the Word of God daily.
* Establish safe and honorable boundaries in your life and adhere to them – don’t jeopardize your character.
* Form a personal escape plan by recognizing triggers that lead to temptation.
* Join or form a small group of other likeminded Christians for encouragement and accountability.
* Evaluate who/what is sitting on the throne of your heart – invite Christ to be the only one who sits on the throne of your heart and allow His Spirit to guide you daily.