

BLESSING BLITZ

We often use the term "bless" a lot in church. Have you ever considered what it really means? It comes from the term meaning, "to add strength to another's arm." Therefore, to bless another is to build them up and to fill them with encouragement to increase in strength and prosperity. When we bless others, we surprise them. In our busy, hurried world, the simple decision to "add strength to another's arm" is intriguing.

There are three main ways to bless someone:

Words of Affirmation: this is the simplest (yet sometimes most needed) way to bless someone. Send them a note, card, or text with affirmation or encouragement.

Acts of Kindness: bless others by doing them a favor or offering some type of practical support. This could be cutting someone's lawn, shoveling their driveway, babysitting someone's kids, helping a neighbor move.

Gifts: give an unexpected gift.

Ideas for Blessing Others

- Write a card for someone and include some encouragement - hand deliver it and let them know you're praying for them!
- Buy someone coffee
- Pay for someone's groceries
- Does one of your neighbors or friends have kids? Buy an extra candy bar or toy at the store and give it to them!
- If you're running out for groceries or a meal, ask a neighbor if they need anything - treat them to a snack or some groceries
- Buy flowers for someone
- Buy a sponge and cleaning supplies, go clean someone's house
- Buy a cheap shovel rake or garden tools - then help your neighbor do some yard clean up!
- Buy a snack or drink for a coworker while out on break or lunch
- Give an extra 5 dollars on your tip when out to dinner
- Spend time browsing the store - buy a small gift for someone who comes to mind and give them the gift with a note of encouragement, making sure they know they were on your mind
- Put extra change in a parking meter about to run out and leave a note of encouragement
- Help someone clean their house
- Take flowers or a meal to a single parent and/or elderly neighbor and spend time encouraging them
- Invite a neighbor out for a walk with you - Spend time listening to them and encouraging them
- Do you love to clean? Wash someone's car!
- Are you great with animals? Offer to pet sit for a neighbor!
- Do you know how to bake? Teach someone how to make a pie.
- Are you good with numbers? Help someone balance their budget.