

## **Series: Heart Check**

**Series Overview:** In this short two-week series, we will engage with our students and lead conversations that promote honest reflection of the state of the heart. This series will allow students to evaluate the condition of their inner life: what's shaping them, what they are feeding their heart, and how openness to God changes everything.

**Series Memory Verse:** “Above all else, guard your heart for everything you do flows from it” Proverbs 4:23

**Goals:** The goal of this series is to allow our students to have time to truly check their hearts and to align them to the mission and purpose of Jesus. The goal of gospel centered heart posture is to have transformed lives and hearts that obey God and that leads to a life of genuine love, worship and service.

1. Students should be able to recognize the value of their hearts.
  - a. Understand that the heart is the control center of all thoughts, actions, and words.
  - b. How they view God is the outcome of how they view their hearts.
2. Students should leave this series able to practice new spiritual habits to better guard the heart.
  - a. Reading of God's word, prayer, healthy community (other practical habits of grace)
3. By studying the story of Lydia, students should be able to understand and live out an “inside out life”
  - a. Transformation to a humble open heart will always start internally before seen externally.
  - b. Our students should be able to properly live out a transformed life, demonstrated by intimacy with God and fruit of the Spirit