

Week 3: The Fruit

Overview: Galatians 5:22–26 teaches that the Fruit of the Spirit is evidence of a life led by God’s Spirit. In this message, we will create a space in this message to allow our students to learn how to grow these fruits in their own lives, plant seeds in others, and live them out daily as followers of Jesus.

Key Scripture: Galatians 5:22-26

Supporting Scripture: Romans 8:29, 1st Corinthians 13:4-7

Content

Key Takeaway: The Spirit led life is a life marked by the character and person of Jesus! When we stay rooted in the Spirit, His fruit grows in us, flows through us to others and will be evident in the way we live our everyday life.

Key Points:

- The Fruit (v.22)
 - The fruit of the spirit is evidence of a spirit led life
 - Paul is using specific language here in verse 22
 - He refers to the evidence of the spirit as fruit not fruits
 - Fruit is singular- One Spirit produces all qualities
 - Believers don't pick which fruits they will cultivate, rather the evidence of salvation and the spirit is in all the fruit.
 - Paul references love as the first fruit of the spirit.
 - Love is the foundation of Spirit filled living (1 Corinthians 13:4-7)
- The Cost of your fruit (v.24)
 - The cost of fruit is a crucified life with Jesus.
 - As those that bear true fruit, we no longer love what the world loves, rather in the crucified life we love what Christ loves.
 - The crucified means an intentional putting to death of our sinful nature, and the passions and desires we once lived in.
 - A fruit filled crucified life opens our hearts to
 - Desire what Christ desires.
 - To love like Jesus
 - To serve like Jesus
 - And as our fruit grows, we too grow in the likeness of our savior.
(romans 8:29)
- The Call of your fruit (v.25)
 - To live by the spirit means to be led by the spirit.
 - Paul charges the Galatians to keep in step in the spirit daily.

- The call of the Spirit's fruit is surrender
 - To no longer live for ourselves but to live according to the Spirit.
 - To daily synchronize our lives with the Holy Spirit by actively
 - Following Him
 - Trusting Him
 - And responding to His guidance
- How do we keep in step with the Spirit and His call?
 - Daily prayer- ask the Spirit to guide and direct your steps
 - Daily devotion to God's Word
 - Remember it's not about our power or doing, rather it all that the Spirit does in and through us
 - Live a daily surrendered life which allows space for the Spirit to move daily.

Gospel Application: The fruit of the Spirit is clear evidence of a life that's embraced the salvation of Jesus, freely given in obedience on the cross.

Key Question: Is fruit evident in your life? And how have you used it to glorify God and serve others?

Application

Activity Suggestion: Give each of your students an index card and have them write one fruit of the Spirit that they desire to grow in as well as a one practical habit of grace that can help them grow in that fruit.

Community Group Questions:

- Why do you think Paul describes the fruit of the Spirit as one fruit rather than multiple?
- What does living a crucified life look like in today's world?
- Why do you think love serves as the foundation for all the other fruits of the Spirit?