

Week 4: The Power

Overview: None of what we taught in this series can be done by one's own ability. All of this can only be accomplished through the power and strength that Christ gives us through the Holy Spirit. This week, we will help our students acknowledge and understand truly where our help comes from.

Key Verses: Galatians 5:13-26 (recap / overview)

Content

Key Takeaway: New life comes from Christ, victory is found in Christ, and fruit is produced by Christ in us.

- New life comes only through Christ (v.24)
 - A spirit led life cannot be lived without first being made new in Christ.
 - We cannot produce fruit without the root of it all
 - Jesus is that root!
 - Christ empowers transformation
 - The Spirit comes through faith in Christ, not any effort made on our own,
 - Real change begins at the cross, not in self-improvement
- The battle between flesh and spirit is won through Christ (v.17)
 - The spirit leads us to victory
 - Victory is not about trying harder, but trusting the lord deeper
 - Christ already won the war
 - The cross of Jesus has broken sins power
 - Our role is to live in His victory, and never fight alone
- The fruit of the spirit is produced by Christ in us
 - Fruit is evidence not an effort
 - We can't make our own fruit, it's freely given
 - It's a result of abiding in Christ
 - Fruit is not passive in the sense of inactivity – students participate through surrender, obedience, and habits of grace.
 - Fruit is Christ's character in us
 - Love, joy, peace... it all reflects Christ
 - Fruit is for God's glory and for the good of Others.
 - Our Fruit should point others to Christ
 - And bear witness of the goodness of Christ in our lives.

Gospel application: Through the cross of Jesus- it's not required to rely on our own strength, rather we can fully rely on the strength of Jesus to walk in new life, fight our battles, and cultivate the fruit of the spirit.

Key Question: What areas in your life do you need to fully surrender to the power of Jesus?

Application

Activity Suggestion: Spend time recapping the series so far. Ask your students what has stuck out to them in the last four weeks, and what they might want to grow in when it comes to being spirit led.

Community Group Questions:

- Why is it important to know that new life come through Jesus, and not by just trying harder?
- What does it mean that Jesus is the root and that the fruit grows from his work in us, not our own doing?
- How can your actions, attitudes, and words show the fruit of the spirit to others?