

### Week 3: Direction

**Overview:** Jesus calls us to not worry about tomorrow but to trust Him with today. God guides us one step at a time, and we do not need to know the whole map to follow Him. When we walk with God daily, we can face the future without fear.

**Key Scripture:** Matthew 6:34

### CONTENT

**Key Takeaway:** We can trust God with the road ahead. You don't have to fear the future when you walk with God today.

#### Key Points:

- **The Roadblock:** Students fear the future
  - “What if I don't know what I am supposed to do?”
  - There are stresses about college, relationships, family and the world
    - And tomorrow can feel overwhelming
- **The Truth:** God invites you to live one day at a time
  - Do not worry about tomorrow (v.34)
    - Not because tomorrow doesn't matter, but because God is already there. God gives us our daily bread (v11)
  - Today's faithfulness sets tomorrow's direction.
- **The Reset:** Walk with God today
  - Direction comes from daily obedience
  - You don't need the whole map – just the next step
  - Jesus will lead you each day by His word, His spirit, and His people
  - Remember – we are beloved children of God (week 1) and if we prioritize setting our eyes on the eternal (week 2), we don't need to worry about tomorrow – we can rest in regard to the future.

**Gospel Application:** Because Jesus walked faithfully to the cross, died in our place and rose again in new life, we can trust His direction for our lives. His resurrection guarantees that following Him leads to hope, purpose and future that worry can never steal.

**Key Question:** What is one step you can take this week to follow Jesus' direction rather than letting worry determine your next steps?

### APPLICATION

#### Activity Suggestions:

- Spend five minutes individually journaling your worries to God. Talk about what Scripture can be used to combat these worries.

**Community Group Questions:**

1. What is one thing that God has been teaching you this week?
2. Jesus told us to **replace** our worry with thoughts about God's kingdom. What does this mean practically?
3. How have you seen God provide over the course of your life? Knowing He has provided before gives us confidence that He can do it again!