

24/7 Christian: Living out your faith in every moment

Lindsey Brehm

Purpose

- God designed you with a specific purpose in mind for your life
- God created each of us
 - Genesis 1:26a, 27
 - Ephesians 2:10
- General purposes for every Christian
 - Genesis 1:26
 - Matthew 28:19a
 - 2 Timothy 2:2
- Individual purpose
 - SHAPE:
 - _____
 - 1 Corinthians 12:8-11
 - Romans 12:6-8
 - _____
 - _____
 - _____
 - _____

Work

- Genesis 1:28 - known as the _____
- Be a _____ employee
 - Colossians 3:23
- Work _____ than those around you
 - Matthew 5:14a
 - Philippians 2:14-16a
- _____ for others
 - John 6:27a
 - 1 Timothy 5:8
 - 1 John 3:17
- We are God's _____
 - 1 Corinthians 3:6, 9

Rest

- Genesis 2:2
- Work and rest are _____
- Sabbath - _____
 - Exodus 20:8-11
- _____ of not resting: fatigue, burnout, anxiety, depression, busyness, starved relationships, worn down immune systems, low energy levels, anger, tension, confusion, emptiness

Family/Friends/Relationships

- 1 Peter 3:15
- James 1:19b
- Are you able to share your grace story/testimony?
- Are you able to share the Gospel

Church

- Romans 12:4-6b
- Ephesians 4:11-13a
- Galatians 5:13

Discussion/Application:

- How would you define your purpose in life going forward?
- In jobs that you can't outright share your faith in most cases (like teaching, healthcare, etc), how do you live out your faith?
- Do you value rest as much as you do working?
- What are some practices you can implement in your life starting now to help you rest in a *shabbat* way?
- Where do you need to improve in your relationships so that you are a light to others?
 - Listening, slow to speak, praying over them, noticing needs of others, sharing your faith openly?
- Are you serving the Church? Why or why not?
 - Do you need help getting plugged in? Do you not know the opportunities available or what would suit you best?